I’m the First

Supporting your First-Generation College Student
How many First-Gens at ECU?

No college education

- 33% First Gen
- 67% Legacy

Some, but no 4 year degree

- 55% First Gen
- 45% Legacy
Research

Studies show that students whose parents did not attend or graduate from college have a more difficult time adjusting to the greater academic demands.
Reality

- Culture shock
- How unprepared they are for the academic demands
- Volume of reading and writing
- Social isolation and stress
- Resolve – determination and capability has seen them to this point and can help with college!
A First Gen Pirate Shares
What can YOU do?

➢ Continue to be supportive, encouraging
➢ Listen
➢ When they come home for break, provide them with a quiet area to study
➢ Give them the time they need to work on schoolwork
How does ECU Support First Gens?

- COAD 1000 – First Gen students exclusively
- Services (PASC, Student Health, Counseling)
- Students Organizations – I’m the First
- Residence Hall Advisors
- Academic Advisors
One last thought

Your investment and belief in your child is obvious – they’re made it to ECU!

And your role as a parent isn’t finished!
Questions?