BUILDING 1ST YEAR ACADEMIC SUCCESS

DR. ELIZABETH COGHILL
DIRECTOR, PIRATE ACADEMIC SUCCESS CENTER

PEER ENROLLMENT COACHES
ADAM HARRISON & BRITANI MELGAR
MATTHEW ELVINGTON & MAKAYLIA WILSON
ANDY LEWIS & GRACE EVANS
WHY IS ORIENTATION IMPORTANT?

• Helps your student prepare and adjusts mentally to succeed in their new environment

• Marks the beginning of adjusting to new surroundings, and activities

• Begins your parenting transition
FIRST SEMESTER SUCCESS

Connect
Invest
Motivate
Finish Strong
**Students**

- Make new friends
- Find a contact person to go to for answers
- Discover & get involved – join an organization
- Get out of the dorm room!
- Make ECU “home”

**Parents**

- Less phone calls from home
- Refer to a campus partner & help problem solve
- Encourage campus connections
Students

✓ Active involvement “Get out of your room”
✓ Time Management Plan
✓ Good Health Habits
✓ Money Management
✓ Meet faculty and academic advisor

Parents

✓ Encourage campus connections
✓ Laundry Challenge
✓ Buy a Day Planner
✓ Talk about $$$
✓ Encourage leadership skills
TOP 15 LIFE SKILLS NEEDED FOR COLLEGE

- Wake up on your own
- Laundry
- Eating healthy
- Manage money
- Time Management
- Personalized Studying Plan
- Cooking Basics
- Use public transportation
- Be a self advocate
- Personal Safety Awareness
- Get along with others
- Attend class
- Know when to Say NO
- Checking ECU Email
- Keeping track of academic dates
MOTIVATE

Students
✓ Adapt your study style
✓ Apply active learning skills
✓ Use Tutoring Resources
✓ Go to faculty office hours
✓ Respond to Starfish alert emails

Parents
✓ Refer to campus resources
✓ Encourage faculty office hours
✓ Studying approaches
✓ Ask about Starfish alerts
✓ Using TUTORING?
✓ Listen and Report your concerns
✓ Use the Parent Referral Form on the PASC website
Free Tutoring, Mentoring, Study Skills Coaching, and Academic Success Services for all ECU Students

pasc.ecu.edu
PASC LEARNING COMMUNITY

LC students receive:

Year Long Academic Success Services
Peer success coach
Priority tutoring services
Common course work: COAD 1000, HLTH 1000, KINE 1000
Starfish early alert monitoring
Community involvement (social & cultural activities)
Learning center employment opportunities
High accountability
FINISH STRONG

**Students**
- Major and career choices
  - Academic Advising
  - Career Services
- Gaining self-awareness
- Connecting college success to future success

**Parents**
- Major and career choices
  - Encourage exploration
  - Openly discuss options
  - Formulate a “Parallel Plan”
- Maintain an open mind to majors and career ideas
- Remember the self discovery process
WHY COAD 1000?

- College Transition Support
- Access Campus Resources
- Learn Academic Rules and Regulations
- Develop College Study Skills
- Identify Learning Styles
- Increase Diversity Awareness
- Learn Financial Literacy
- Explore Career Options
- Develop Leadership Skills
- Learn ECU Technology
- High Accountability
OUR BEST ADVICE…
HERE TO HELP!

Dr. Elizabeth Coghill
coghille@ecu.edu

Tutoring@ecu.edu